

2 ESSENTIAL SUPPLEMENTS YOU NEVER KNEW YOU NEEDED

两种您从来不知**必需**摄取的营养补充剂

KIDS KLENZ

WHY?

Young people need fibre too! If you have a look at what children are eating every day, you will probably find diets that contain refined starches such as white bread, white rice, noodles, pastas, confectionaries, and other snacks. All of these foods are lacking one important nutrient — fibre.

Fibre is important for maintaining healthy bowel movement, preventing constipation, promoting a healthy digestive system, while regulating blood sugar. Constipation or irregular bowel movement from a young age may contribute to poor digestive health and a lowered immune system. Kids Klenz contains both soluble and insoluble fibres, and research shows that even those who are not constipated can benefit from a fibre supplement, especially if they consume diets that contain refined foods.

Here are some of the benefits of taking Kids Klenz:

1. Natural appetite control.
2. Better nutrient absorption.
3. Promotes a healthy digestive system.
4. Helps to regular blood sugar levels.
5. Strengthens the immune system.

DID YOU KNOW?

Over 80% of chronic diseases can be traced to poor digestive health. Set a healthy foundation for your kids from a young age by adding Kids Klenz to their daily diet!

孩童净化粉

为什么?

青少年也需要摄取纤维! 如果您仔细观察孩子们的每日饮食, 您或许会发现他们吃的都是精制淀粉类食物, 如白面包、白米饭、面条、意大利面、糕饼和其他零食。这些食物都缺乏了一种重要的营养素——纤维。

纤维对维持肠道蠕动健康、预防便秘、促进正常消化系统和调节血糖非常重要。如果年纪小小就开始有便秘或肠道蠕动不规则等问题, 迟早会导致消化功能不佳和降低免疫系统。研究显示, 只要孩子有吃精制食物, 不管他们有没有便秘问题, 也能从纤维补充剂中获得健康效益。

新生命孩童净化粉含有可溶性和不可溶性纤维。健康效益如下:

1. 自然控制食欲。
2. 促进营养的吸收。
3. 促进消化系统的健康。
4. 有助保持血糖的正常水平。
5. 加强免疫系统。

您知道吗?

超过80%的慢性疾病都是由于消化功能不佳引起。因此, 应当在孩子们的每日饮食中添加孩童净化粉, 为孩子从小打造一个健康基础。



2 COLOSTRUMX

WHY?

Clinically proven anti-aging effects! Colostrum is rich in natural growth hormone (GH) and insulin like growth factor-1 (IGF-1), both of which have been well documented for their ability to promote the production of new cells in the body, while slowing down the deterioration of cells associated with the aging process. Even in small amounts, these natural hormones can accelerate repair of muscle damage, such as in the case of congestive heart failure, among other conditions.

As we age, our body produces less and less of these powerful hormones, making daily supplementation necessary. These hormones are primary factors in the ability of cells to grow and reproduce.

In addition to its anti-aging effects, colostrum also helps to enhance the immune system, maintain healthy bones and joints, improve cognitive function, and support digestive health.

NewLife™'s ColostrumX is enhanced with added DHA (Docosahexaenoic acid) and EPA (Eicosapentaenoic acid), essential fatty acids commonly found in fish oils.

Here's a testimonial from someone who has experienced the benefits of taking ColostrumX:

When I gave birth to my first child about 19 years ago, I was hospitalised for about 10 days due to some complications. Since then, I would always experience rheumatic pains, or what people call "wind" on both my hands when I did household chores. It caused so much pain that at times I could not even lift things. I went to a Chinese "Sinseh" for acupuncture but the effect was only temporary. No sooner after the treatment, the pain came back. I endured the pain for years until a few months ago when I started consuming ColostrumX. I could really feel the difference shortly after I started consuming the product. The pain has totally subsided and has not returned since.

I also used to have nosebleed very often. After consuming ColostrumX, I have not had any nosebleed for the past few months. I also experience less period cramps.

In addition, I have noticed my children also benefited from consuming ColostrumX. There is a great improvement in their sinuses. They no longer sneeze every morning and they can breathe better now.

Ms. Soh Mui Leng, Selangor, Malaysia



DID YOU KNOW?

Colostrum is known as the "first milk" produced by mammals including humans upon giving birth. It contains antibodies to protect the newborn against diseases, and has a substantially higher protein concentration compared to normal milk.

初乳奶粉

为什么?

临床证实初乳具有抗老化的功效! 初乳富含自然生长激素 (GH) 和胰岛素样生长因子-1 (IGF-1), 这两种物质都能够促进新细胞的生产, 同时减缓与老化过程相关的细胞退化问题。这些天然荷尔蒙, 即使微量, 也能够加速损伤肌肉的修复能力, 例如在充血性心力衰竭的情况。

随着年龄的增长, 身体制造这些强大荷尔蒙的生产量会逐日渐弱, 因此必须每天补充。这些荷尔蒙是促进细胞生长和繁殖能力的主要因子。

除了提供抗老化功效, 初乳也有助增强免疫系统、维持骨骼和关节的健康、改善认知功能及支持消化系统的正常功能。

新生命初乳奶粉添加了二十二碳六烯酸 (DHA) 和二十碳五烯酸 (EPA)。这些必需脂肪酸通常可从鱼油中获得。

以下是一位新生命初乳奶粉受益者的分享见证:

19年前在我生下第一胎时, 由于一些并发症, 我住院了大概10天。从此, 每当我做家务时, 都会出现风湿痛, 也就是大家所谓的“进风”。它带给了我无数痛苦, 有时我甚至不能举起任何东西。我去看了中医, 接受针灸治疗, 但也只是暂时缓解疼痛而已。疗程后没多久, 疼痛又会复发。多年来我一直忍受着痛苦, 直到几个月前我开始摄取了新生命初乳奶粉。摄取几天后我马上可以感受到身体有了变化。疼痛完全消失, 以后也没有再复发了。

过去我也经常流鼻血。自从摄取了初乳奶粉后, 过去的几个月里, 我再也没有流鼻血了, 甚至连经痛的问题也减少了。

此外, 我也发现孩子们也从初乳奶粉中获益, 特别是大大改善了鼻窦炎的问题。现在他们每天早上不再狂打喷嚏, 呼吸也变得顺畅许多。

苏梅玲女士, 马来西亚雪兰莪

您知道吗?

初乳是哺乳动物包括人类在生产后所分泌的“首批乳汁”。它含有保护新生儿抵御疾病的抗体, 与普通牛奶相比, 它含有更高的蛋白质含量。

See page 2 for

SUPER VALUE DEALS

别错过 **超值优惠活动** (欲知详情, 请参阅本期生命线第二页)。